



LOCAL COMMUNITY MISCARRIAGE RESOURCES

Healing Embrace

(402) 819-4002

Helping Everyone After Loss. They work to raise awareness and provide support to families who experience pregnancy and infant loss. Telephone and groups.

Bridges

(402) 486-7065

555 S. 70th St. Lincoln, NE 68510

Exclusively a telephone grief support group for people who have lost a newborn child through death or miscarriage. Nurses are trained in grief counseling. People are assigned a counselor; there are no group meetings. Sponsored by St. Elizabeth's Community Health Center.

HOPE (Helping Other Parents Endure)

(402) 473-2822

Bryan Medical Plaza 1600 S. 48th St. Lincoln, NE 68506

Open-ended meetings and support for parents who have lost their baby due to miscarriage, stillbirth, or SIDS. No fee. Meets first Wednesday of each month.

Open Arms

(402) 343-8527

Bergan Mercy Professional Center Rm C, 2nd Floor

A support group for families who have experienced the loss of a baby during pregnancy, at birth or shortly after. Meets the first Wednesday of the month from 7-8 pm.

March of Dimes

(402) 496-7111

Pregnancy/Newborn loss services. Help dealing with grief, coping with friends and family while grieving, what parents can do to remember their baby, bereavement materials, miscarriage, stillbirth, infant loss awareness and information, online resources/community, Centering pregnancy, NICU family support.

SHARE: Miscarriage, stillbirth or neo-natal death

(712) 322-4464

621 Arnold Council Bluffs, IA 51503 (Private residence)

Meets the first Wednesday of each month 7:30-9:00 pm. Call Peggy Golden to verify location and times.

Compassionate Friends

(402) 571-4011

New Castle Retirement Center 909 N 90th St

Multiple support groups throughout Omaha and Council Bluffs. A self-help organization offering support and understanding to families who have experienced the death of a child.

Online Services:

www.goodgriefresources.com

www.littleremembrance.com

www.hopexchange.com

www.tcfomaha.org

www.miscarriageassociation.org

Additional Resources:

Lutheran Family Services (402) 342-7007
Catholic Charities (402) 554-0520
Heartland Family Services (402) 553-3000

Coping with the loss of the pregnancy can cause feelings of sadness and grief. If you or your partner are having trouble handling the feelings that go along with this loss, please contact us or seek out a counselor.

Therapists with experience working in the areas of prenatal loss and early infant death:

Sharon A. Anderson, LCSW & Dr. Joseph Rizzo
Rizzo and Associates
7836 Wakeley Plaza Omaha, NE 68114
(402) 397-0330

Susan Williamson, MS, LPC
Associate Counseling Professionals
12818 Augusta Ave. Omaha, NE 68144
(402) 334-1122

Lindy L. Bixler, MS, LMHP
Infinite Possibilities Counseling Services, Inc.
5601 Thistle Circle Lincoln, NE 68516
(402) 429-8828

Nathalia Zimmerman, LCSW
9339 West Center Road, Suite 213
(Centerpointe Plz) Omaha, NE 68124
(402) 934-4212

Marla Cohen, MS, PLMIIP, NCC
7701 Pacific St, Suite 301 Omaha, NE 68114
(402) 578-6922

Ann Lamp, LCSW RN
11329 P St, Suite 102 Omaha, NE
(402) 597-2122

Jennifer Kelly, LCSW
11912 Elm Street, Suite 119 Omaha, NE 68114
(402) 330-4440 or (402) 978-4859

Teresa Schumacher, LMHP
16909 Lakeside Hills Court, Suite 400 Omaha,
NE
(402) 758-5850

Connie Johnk, LCSW, LMHP
Alegent Health Psychiatric Associates
Bergan Mercy Medical Center
2001 S 75th St, Suite 100 Omaha, NE 68124
(402) 398-1537

Jacqueline Anderegg, LCMSW
8905 Hickory St Omaha, NE 68124
(402) 397-7221

Lynn Dmott, LMHP
Psychological and Counseling Associates
12728 Augusta Avenue Omaha, NE 68144
(402) 330-1537

Alison Alderman-Dreher, LCSW, LIMHP
Woodhaven Counseling
12001 Q St Omaha, NE 68137
(402) 592-0328

**Olson Center for Women's Health
Nebraska Medicine
(402) 559-4500**