

# Find a Provider That's Right for You

## Tiers 1, 2 and 3

As part of the medical plans offered by Nebraska Medicine, participants can choose to receive services from three tiers of providers (doctors, hospitals, other health care practitioners and facilities) in the Nebraska Medicine Provider Network (see chart below).

- **Tier 1:** Lowest cost to you.
- **Tier 2:** Slightly higher cost to you.
- **Tier 3:** Highest cost to you.

Be sure to validate the tier of the provider/facility when scheduling an appointment.

## Out-of-area providers

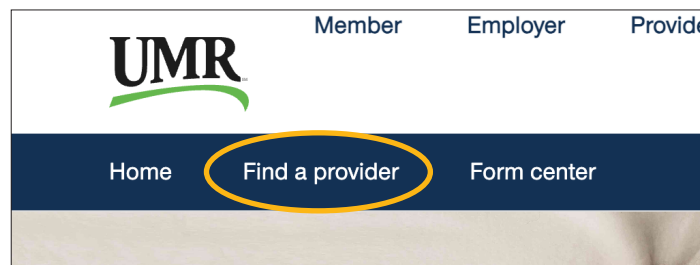
If you're traveling or have a dependent who lives out of area, search the UnitedHealthcare Choice Plus Network at UMR.com for care outside of Omaha, Lincoln, Kearney, or Grand Island.



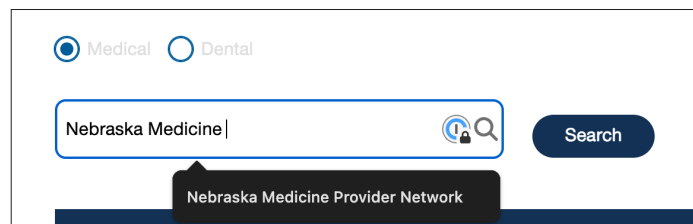
Find your provider  
at **UMR.com**.

## Find a provider that's right for you

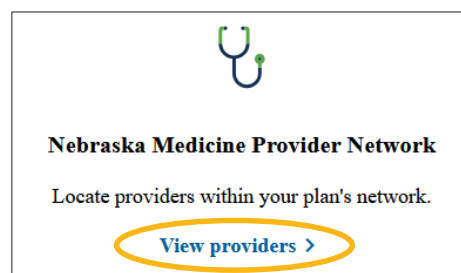
1. Visit **UMR.com**
2. Select "Find a Provider."



3. Find "Nebraska Medicine Provider Network" in the "Network name" menu options.



4. Select "View Providers."



5. Search results will show you address, contact information and provider tier level.

You can also speak to a UMR representative by calling **800.207.3172**.

**TOGETHER. EXTRAORDINARY.**



# Medical Plans

## Network Overview

**This is an at-a-glance overview of the Nebraska Medicine Provider Network.**

This is not a comprehensive list.

<b>Tier 1 Network</b> Primarily Nebraska Medicine providers	<b>Tier 2 Network</b> Select friends of Nebraska Medicine	<b>Tier 3 Network</b> UHC Choice Plus Network (excluding CHI)	<b>Out of Network</b> No coverage
<ul style="list-style-type: none"><li>• Nebraska Medicine</li><li>• Nebraska Health Partners (our PHO)</li><li>• OrthoNebraska</li><li>• Munroe-Meyer Institute</li><li>• Boys Town Physicians</li><li>• Children's Nebraska and Children's Physicians</li><li>• Contemporary Obstetrics &amp; Gynecology, PC</li><li>• Select CHI Health providers in Grand Island</li><li>• Grand Island Regional Medical Center</li><li>• Select CHI providers in Kearney</li><li>• Good Samaritan Hospital in Kearney</li><li>• Talkspace (online therapy and psychiatry)</li></ul>	<ul style="list-style-type: none"><li>• Methodist Health Partners</li><li>• Bryan Health</li><li>• Fremont Health</li><li>• Boys Town Hospital</li><li>• CHI Health St. Francis in Grand Island</li><li>• Mary Lanning in Hastings</li><li>• Out-of-network emergent care</li><li>• CHI mental and behavioral health inpatient facilities</li></ul>	<ul style="list-style-type: none"><li>• United Healthcare Choice Plus Network</li></ul>	<ul style="list-style-type: none"><li>• Nonemergent out-of-network care</li><li>• All CHI providers and facilities (not already noted)</li></ul>

*The networks listed above are subject to change.  
Please refer to the UMR provider directory to verify tier coverage.*

**TOGETHER. EXTRAORDINARY.**

