COVID-19 Personal Protective Equipment: 
Doffing Step by Step 
(Edited 04/10/2020)

Doffing Step 1: Perform Hand Hygiene
- Perform hand hygiene on the patient care gloves for a minimum of 20 seconds or until the hand sanitizer is dry

Doffing Step 2: Doff Gown
- Carefully untie the gown at the waist and neck
- Doff the gown folding the outside of the gown tightly inward into a ball to contain the contaminated side
- Once your gown is contained, separate the gown from the gloves and place gently into the linen hamper
Doffing Step 3: Doff Gloves
- Remove the gloves utilizing “glove in glove” technique
  - Take your dominant hand and pinch the palm of the non-dominant hand and remove glove
  - Ball the removed glove into the hand of the remaining glove
  - Slide pointer finger of the free hand under the cuff of the remaining glove and remove
  - Place gently into the waste

Doffing Step 4: Exit Patient Room
- Ensure that the door closes behind you

Doffing Step 5: Perform Hand Hygiene
- Perform Hand Hygiene for a minimum of 20 seconds or until the hand sanitizer is dry

Doffing Step 6: Don Clean Gloves
- New gloves are donned in order to handle the disinfectant wipes safely
Doffing Step 7: Use disinfectant wipe to clean surface for face shield or eye protection
- Wipe a clean surface with an EPA approved disinfectant wipe
- The surface must remain wet for the appropriate wet time

Doffing Step 8: Doff Face Shield or Eye Protection
- To remove it, bend slightly forward and grasp the elastic headband on both sides of your head and pull it forward

Doffing Step 9: Disinfect Face Shield or Eye Protection
- Once your face shield has been removed, grab a EPA approved disinfectant wipe and disinfect the surface of the Face Shield
- The surface must remain wet for the appropriate wet time
- Place clean face shield with the strap facing down and the shield facing upward

Doffing Step 10: Perform Hand Hygiene
- Perform Hand Hygiene on patient care gloves for a minimum of 20 seconds or until the hand sanitizer is dry

Doffing Step 11: Doff N95 (*Perform this step only if you are not extending the user of your N95. If you are extending the use of the N95, proceed to step 12.*)
- After extended use of N95, lean near area where brown bag for UV decon is located and remove N95 one strap at a time
- First remove the bottom strap with both hands and let dangle
- Then remove the top strap of N95 with both hands and place gently into the trash
Doffing Step 12: Doff Gloves
- Remove the gloves utilizing glove in glove technique (Need image of this with no gown on)

Doffing Step 13: Perform Hand Hygiene
- Perform hand hygiene for a minimum of 20 seconds or until the hand sanitizer is dry

Doffing Step 14: Place cleaned face shield in dedicated area
- After the face shield has undergone the required wet time, place the disinfected face shield in its dedicated clean area for reuse