

Personal Protective Equipment For COVID-19

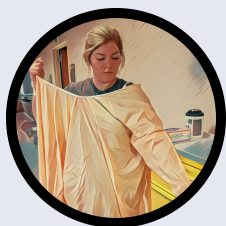
University of Nebraska
Medical Center



Nebraska
Medicine

The CDC requires strict adherence to Standard, Airborne, and Contact Precautions plus eye protection for the care of patients with or under investigation for COVID-19.

The necessary PPE required for the appropriate care of patients with or under investigation for COVID-19 at Nebraska Medicine are:



← Non-disposable isolation gown

Fit tested N95 Respirator →



← Face shield/eye protection

Patient care gloves →



Prior to Donning PPE

- Donning PPE must always take place in an area where it is safe to be without PPE such as the hallway or the nurse server.
- Gather all PPE items and place in one location such as an isolation cart or nurse server outside of the patient room.
- Don all PPE prior to entering the patient care area.

Donning PPE

Don PPE in the following order:

PPE with Face Shield

1. Perform hand hygiene.
2. Don gown.
3. Don N95.
4. Don face shield.
5. Perform hand hygiene.
6. Don gloves.

PPE with Goggles

1. Perform hand hygiene.
2. Don gown.
3. Don N95.
4. Don goggles.
5. Perform hand hygiene.
6. Don gloves.

As you care for patients with COVID-19, take precautions to keep from contaminating yourself or your PPE.

DoFFing PPE

DoFFing PPE begins in the patient room at the exit. Position yourself close to the exit with a waste container and linen hamper within reach.

DoFFing order when wearing a face shield barrier:

1. Perform hand hygiene over gloves.
2. DoFF gown.
3. DoFF gloves.
4. Exit patient room.
5. Perform hand hygiene.
6. Don clean gloves.
7. Use disinfectant wipe to clean surface for face shield.
8. Remove face shield.
9. Disinfect face shield.
10. Perform hand hygiene on gloves.
11. Remove N95.
12. Remove gloves.
13. Perform hand hygiene.
14. Place cleaned face shield in designated area.

DoFFing order when wearing goggles:

1. Perform hand hygiene over gloves.
2. DoFF gown.
3. DoFF gloves.
4. Exit patient room.
5. Perform hand hygiene.
6. Don clean gloves.
7. Use disinfectant wipe to clean surface for goggles.
8. Remove goggles.
9. Disinfect goggles.
10. Perform hand hygiene on gloves.
11. Remove N95.
12. Remove gloves.
13. Perform hand hygiene.
14. Place cleaned goggles in designated area.

Linen and Waste

Linen and waste do not require special handling for COVID-19.