Benefit Plan	UNMC	Nebraska Medicine
Pay Schedule	Monthly; last working day of the month	Monthly; last working day of the month
Benefits Enrollment and Information	Firefly https://firefly.nebraska.edu www.nebraska.edu/benefits 402.559.4340   benefits@unmc.edu	WorkDay appstore.nebraskamed.com MyHR / MyBenefits 402.552.6947
Eligibility	First of the month following unless hire is the first day or first working day of the month. IRS-approved life events are the first of the month following	First of the month following or coinciding with the date of hire or life event. IRS-approved life events are the first of the month following
Dependent Eligibility	<ul> <li>Spouse or adult designee</li> <li>Child(ren) or adult designee children to age 26</li> <li>Verification/documentation required</li> </ul>	<ul> <li>Spouse</li> <li>Child(ren) to age 26</li> <li>Verification/documentation required</li> </ul>
Enrollment Period	31-day election period from date of hire or life event (long-term care is 30 days)	30 day election period from date of hire or life event
Premiums	Monthly	Monthly
Wellness	<ul> <li>Health Improvement Solutions</li> <li>Health-risk assessment (questionnaire only) upon new hire and each annual enrollment period</li> <li>Receive personal health report</li> <li>No health outcome requirements</li> <li>Increased preventive care allowance on medical plan</li> <li>\$0 copay for generic Rx drugs through EmpirRx mail service with no annual deductible (not for QHDHP)</li> <li>Routine colonoscopy paid at 100% after the age of 45 once every 10 years with a PPO provider</li> </ul>	Complete Total Health survey upon new hire     Complete Total Health survey prior to each annual enrollment period     Employer funding to health reimbursement account or health savings account upon new hire for employee (and spouse, if applicable) completion of Total Health survey. Pro-rated funding based on hire date
Continuing Medical	Varies by department	Not available
Education		



Benefit Plan	UNMC	Nebraska Medicine
Medical Plan	Blue Cross Blue Shield of Nebraska	UMR
See additional document for further plan comparison.	<ul> <li>BCBS Network plus Enhanced Provider Network</li> <li>Deductible/coinsurance/out-of-pocket max</li> <li>No copays</li> <li>Preventive care allowance/HRA</li> <li>Four plan options:         <ul> <li>PPO Low: \$1,550 single deductible/\$4,050 stop loss</li> </ul> </li> <li>PPO Basic: \$450 single deductible/\$2,050 stop loss</li> <li>PPO High: \$300 single deductible/\$1,700 stop loss</li> <li>High deductible: \$3,200 single/\$6,400 family deductible; \$800 single/\$1,700 family stop loss</li> </ul>	<ul> <li>Nebraska Medicine Provider Network plus restricted United Healthcare Choice Plus Network</li> <li>Deductible/coinsurance/out-of-pocket max</li> <li>100% ACA preventive care</li> <li>Four plan options:         <ul> <li>Basic: \$2,500 single deductible/\$5,000 out-of-pocket max</li> </ul> </li> <li>Advantage: \$3,200 single deductible/\$6,650 out-of-pocket max</li> <li>Value: \$4,000 single deductible/\$6,650 out-of-pocket max</li> <li>PPO: \$2,000 single deductible for Tier 1/\$3,000 out-of-pocket for Tier 1; coverage available for Tiers 2 and 3</li> </ul>
Health Savings Account (HSA)	<ul> <li>Fidelity</li> <li>Must be enrolled in the high-deductible medical plan</li> <li>Pre-tax payroll contributions</li> <li>2024 IRS contribution limits: <ul> <li>Single: \$4,150</li> <li>Family: \$8,300</li> <li>Catch-up if age 55+: \$1,000</li> </ul> </li> </ul>	Optum Bank  Must be enrolled in the Advantage or Value medical plan  Pre-tax payroll contributions  Employer funding upon completing Empower Your Wellbeing program requirements upon hire and annual enrollment  2024 IRS contribution limits:  Single: \$4,150  Family: \$8,300  Catch-up if age 55+: \$1,000



Benefit Plan	UNMC	Nebraska Medicine
Dental	Preventive Care: No deductible; 15% PPO coinsurance  Restorative Services: \$35 single PPO deductible;15% PPO coinsurance  Major Services: \$35 PPO deductible; 50% coinsurance  Combined annual maximum: \$1,500  Orthodontia: \$40 PPO deductible and 50% coinsurance; \$2,000 lifetime allowed	Not available
Vision	Frame or contact lens allowance:     \$150 frames and \$130 contact lenses annually	Not available
Flexible Spending Accounts	<ul><li>Wage Works</li><li>Health care: \$3,200 max</li><li>Dependent care: \$5,000 max</li></ul>	Not available
Supplemental Long- Term Disability (LTD)  (Employee Paid Only; no employer-paid options at UNMC or Nebraska Medicine.)	Not available	Reliance Standard     Mandatory enrollment     Full-time contract physicians     Benefit: 60% basic monthly earnings, including UNMC, Nebraska Medicine/UNMCP and VA salary     Elimination period: 180 days     Own occupation, includes medical specialty and subspecialty
Basic Life Insurance (Employer Paid; no employer paid AD&D available.)	Assurity Life Insurance Company  1x annual salary  Maximum: \$120,000	Not available



Benefit Plan	UNMC	Nebraska Medicine
Supplemental Life Insurance	Assurity Life Insurance Company  Employee	Reliance Standard Employee
(Employee Paid)  Guaranteed issue applies to new employee enrollment.	<ul> <li>Coverage levels up to \$500,000</li> <li>Guaranteed issue: \$250,000</li> <li>Spouse, if not legally disabled</li> <li>Coverage levels up to \$50,000</li> <li>Guaranteed issue: \$20,000</li> <li>Child(ren), if not legally disabled</li> <li>\$5,000 or \$10,000</li> <li>Guaranteed issue for both amounts</li> </ul>	<ul> <li>Increments of \$10,000</li> <li>Guaranteed issue: \$550,000</li> <li>Maximum: \$1,000,000</li> </ul> Spouse <ul> <li>Increments of \$10,000</li> <li>Guaranteed issue: \$50,000</li> <li>Maximum: \$350,000 or employee election, whichever is less</li> </ul> Child(ren) <ul> <li>\$10,000</li> </ul>
Supplemental AD&D Insurance (Employee Paid)	Assurity Life Insurance Company  Employee  Increments of \$25,000  Maximum of \$250,000  Spouse  50% of employee coverage  Child(ren)  10% of employee coverage	Reliance Standard  Employee  Increments of \$10,000  Maximum: \$1,000,000  Must elect at least \$10,000 in Voluntary Employee Life to elect AD&D  Spouse  Increments of \$10,000  Maximum: \$350,000 or employee election, whichever is less  Must elect at least \$10,000 in Voluntary Spouse Life to elect AD&D  Child(ren)  \$10,000  Must elect \$10,000 in Voluntary Child(ren) Life



Voluntary Benefits (Employee Paid)	UNMC	Nebraska Medicine
Long-Term Care (LTC) - Genworth (Employee Paid)	Options to cover employee, spouse or adult designee, adult children, parents, grandparents and siblings through direct billing with Genworth      For more information or to enroll, go to Genworth.com/Nebraska	Not available
MetLife Legal Plan	Not available	Legal services available through an attorney network for no additional cost above monthly premiums     Optional Identity Theft Protection     Enroll directly through MetLife or Farmers Insurance
MetLife Auto, Home and Pet Coverage	Not available	Group coverage available with payroll deduction     Enroll directly through MetLife or Farmers Insurance; additional information in MYHR
Guardian Individual Disability Insurance (IDI)	Not available	Disability coverage to supplement the group long-term disability plan     Enroll during the special enrollment period in the fall
Vacation/Holidays	UNMC	Nebraska Medicine
Vacation	16 hours accrued per month. Maximum accrual is 280 hours.	Not available
Traditional Holidays	<ul> <li>New Year's Day</li> <li>Memorial Day</li> <li>Independence Day</li> <li>Labor Day</li> <li>Thanksgiving Day</li> <li>Day after Thanksgiving</li> <li>Christmas Day</li> </ul>	Not available
Floating/Banked Holidays*	<ul> <li>* Martin Luther King Jr. Day</li> <li>* President's Day</li> <li>* Arbor Day</li> <li>* Juneteenth</li> <li>* Columbus Day</li> <li>* Veteran's Day</li> </ul>	

